

Justin Shaginaw PT, DPT, ATC, LAT

ACADEMIC PREPARATION:

2014-2016 **Arcadia University**
Glenside, PA
Transitional Doctor of Physical Therapy

2001 **Montgomery County Community College**
Blue Bell, PA
General Pharmacology
Course work towards athletic training certification

2000 **Temple University**
Philadelphia, PA
Prevention and care of movement injuries
Course work towards athletic training certification

1994-1996 **Gannon University**
Erie, PA
Masters of Physical Therapy

1992-1994 **Gannon University**
Erie, PA
Bachelor of Science, General Science

1990-1992 **West Virginia University**
Morgantown, WV
Undergraduate course work

CERTIFICATIONS:

Commonwealth of Pennsylvania, State Board of Physical Therapy
Physical Therapy License PT009705L
Direct Access Authorization – PT DAPT003426

National Athletic Trainers' Association
Certification # 020302180

Commonwealth of Pennsylvania, State Board of Medicine
Athletic Training License # RT00337

American Heart Association
BLS for Health Care Providers 12/30/2016-12/30/2018

Selective Functional Movement Assessment: Level 1 Certification

Functional Movement Screen: Level 2 Certification

Y Balance Test Certification

PROFESSIONAL EXPERIENCE

Penn Therapy and Fitness at Rittenhouse, Philadelphia, PA

Physical therapist and athletic trainer, Sports Team Leader 7/2019-present

- Rehabilitation of patients with musculoskeletal dysfunctions
 - Case load focuses on athletic population including professional (NBA, NFL, MLB, NHL, MLS, NLL, WTA, and ATP), college, and high school athletes
 - Return to sport testing, specifically following ACL reconstruction
 - Functional Movement Screening and biomechanical evaluations
- Sports programming across Good Shepherd Penn Partners/Penn therapy & Fitness organization
 - Coordinating monthly educational special interest groups
 - Mentorship of sports clinicians throughout the organization
 - Internal and external marketing to sports referrals
 - Sports related community outreach projects
 - Facilitation of sports related research throughout the organization
 - Sports related program development

United States Soccer Federation Chicago, IL

Athletic training pool 6/2012-present

Assistant Athletic Trainer Men's National Team, 1/2007-present

- Responsibilities include assisting head athletic trainer with both practice and game coverage, rehabilitation of injured athletes, and therapeutic massage to assist with rehabilitation of injuries as well as facilitate recovery and performance
- Responsibilities also include assisting equipment manager with game day set up as well as day to day equipment duties
- Assist head athletic trainer with communication and coordination between coaching staff as well as strength and conditioning specialist

Interim Head Athletic Trainer Men's National Team, 1/22/18-1/28/18

- Responsibilities include overseeing athletic training staff for practice and game coverage, rehabilitation of injured athletes, and therapeutic massage to assist with rehabilitation of injuries as well as facilitate recovery and performance
- Assisting equipment manager with game day set up as well as day to day equipment duties
- Daily communication and coordination between coaching staff and strength and conditioning specialist regarding player injuries and availability for training and match day.

Athletic Trainer U16 Girl's National Team 9/2006-12/2006

- Responsibilities include practice and game day coverage, rehabilitation of injured athletes, and coordination between physicians, coaching staff, athletes and their parents

Penn Therapy and Fitness at Rittenhouse, Philadelphia, PA

Physical therapist and athletic trainer, Advanced clinician II 11/2017-7/2019

- Rehabilitation of patients with musculoskeletal dysfunctions
 - Case load focuses on athletic population including professional (NBA, NFL, MLB, NHL, MLS, NLL, WTA, and ATP), college, and high school athletes
 - Return to sport testing, specifically following ACL reconstruction
 - Functional Movement Screening and biomechanical evaluations
- Other responsibilities include physician marketing, outreach and injury prevention programs, musculoskeletal research, ACL clinical pathway, and program development

Aria 3B Orthopaedic Institute, Philadelphia, PA

Lead Physical Therapist, Coordinator Sports Medicine Program 2/2013-11/2017

- Responsible for center operations as well as direct patient care
- Rehabilitation of patients with musculoskeletal dysfunctions
 - Case load focuses on athletic population including professional (NBA, NFL, MLB, NHL, MLS, NLL, WTA, and ATP), college, and high school athletes
 - Return to sport testing, specifically following ACL reconstruction
 - Functional Movement Screening and biomechanical evaluations
- Outreach and injury prevention programs
- Physical therapy and sports medicine program development
- Physician extender with practice physicians
- Developing rehabilitation guidelines
- Developing and implementing research studies
- Sports medicine journal club
- Overseeing sports medicine fellowship including scheduling education conferences, fellow's research projects, college and professional sports coverage, and fellows' rotation schedules
- External marketing
- Physician practice EMR committee
- Practice website development committee

Philadelphia Sports Medicine Congress, Philadelphia, PA

Course Director 2009-2017

- Annual one day sports medicine conference with approximately 200 attendees
- Responsible for all aspects of the course including:
 - Course program and speakers
 - Venue and catering
 - Course sponsors
 - CEU submissions
 - Financial planning

US Women's National Team Victory Tour Philadelphia, PA

Assistant Medical Coordinator 8/29/19

- Facilitating all aspects of medical care for 4 men's national soccer teams while playing and training in host city
- Attending match commissioner's meetings to facilitate medical and doping presentations
- Coordinating stretcher crews and doping chaperones for match day coverage
- Assessing environmental conditions on match day to determine if water breaks would be needed

CONCACAF 2019 Gold Cup Quarterfinal Matches Philadelphia, PA

Assistant Medical Coordinator 6/30/19

- Facilitating all aspects of medical care for 4 men's national soccer teams while playing and training in host city
- Attending match commissioner's meetings to facilitate medical and doping presentations
- Coordinating stretcher crews and doping chaperones for match day coverage
- Assessing environmental conditions on match day to determine if water breaks would be needed

She Believes Cup International Women's Soccer Matches Philadelphia, PA

Assistant Medical Coordinator 2/27/19

- Facilitating all aspects of medical care for 4 men's national soccer teams while playing and training in host city
- Attending match commissioner's meetings to facilitate medical and doping presentations
- Coordinating stretcher crews and doping chaperones for match day coverage
- Assessing environmental conditions on match day to determine if water breaks would be needed

CONCACAF 2017 Gold Cup Quarterfinal Matches Philadelphia, PA

Assistant Medical Coordinator 7/19/17

- Facilitating all aspects of medical care for 4 men's national soccer teams while playing and training in host city
- Attending match commissioner's meetings to facilitate medical and doping presentations
- Coordinating stretcher crews and doping chaperones for match day coverage
- Assessing environmental conditions on match day to determine if water breaks would be needed

She Believes Cup International Women's Soccer Matches Philadelphia, PA

Assistant Medical Coordinator 3/1/17

- Facilitating all aspects of medical care for 4 men's national soccer teams while playing and training in host city
- Attending match commissioner's meetings to facilitate medical and doping presentations
- Coordinating stretcher crews and doping chaperones for match day coverage

- Assessing environmental conditions on match day to determine if water breaks would be needed

Copa America Centenario 2016 Philadelphia, PA

Assistant Venue Medical Director 6/6/16-6/15/16

- Facilitating all aspects of medical care for 6 men's national soccer teams while playing and training in host city
- Attending match commissioner's meetings to facilitate medical and doping presentations
- Coordinating stretcher crews and doping chaperones for match day coverage
- Assessing environmental conditions on match day to determine if water breaks would be needed
- Attending Copa America Centenario medical directors' meeting 4/29/16

CONCACAF 2015 Gold Cup Final Philadelphia, PA

Assistant Medical Coordinator 7/26/15

- Facilitating all aspects of medical care for 2 men's national soccer teams while playing and training in host city
- Responsible for coordinating drug testing and stretcher crew coverage for finals match
- Facilitating all aspects of medical care for teams while playing and training in host city

CONCACAF 2015 Women's World Cup Qualification Philadelphia, PA

Coordinator of event medical coverage 10/24/14 and 10/26/14

- Facilitating all aspects of medical care for teams while playing and training in host city
- Coordinating stretcher crew for semifinal, final, and third place matches.

US Soccer Federation Local Event Medical Coverage Coordinator

Men's National Team vs Bolivia Chester, PA 5/28/2018

Men's National Team vs Mexico Philadelphia, PA 8/10/11

Men's National Team vs Columbia Chester, PA 10/12/10

Women's National Team vs China Chester, PA 10/6/10

Men's National Team vs Turkey Philadelphia, PA 5/29/10

Women's National Team vs Ireland Philadelphia, PA 9/13/2008

Responsibilities

- Coordination of local medical coverage while in host city
- Coordination of physician game day coverage
- Coordination of game day stretcher crew

Penn Therapy and Fitness at Rittenhouse, Philadelphia, PA

Manager Sports Medicine and Fitness Programs 11/2011-2/2013

- Responsible for center operations as well as direct patient care
- Rehabilitation of patients with musculoskeletal dysfunctions
 - Case load focuses on athletic population including professional (NBA, NFL, MLB, NHL, MLS, NLL, WTA, and ATP), college, and high school athletes

- Return to sport testing, specifically following ACL reconstruction
- Functional Movement Screening and biomechanical evaluations
- Other responsibilities include outreach and injury prevention programs, research, program development, and clinical education programs
- Position is in conjunction with Booth, Bartolozzi, Balderston Orthopaedics
 - Patient office hours with Dr Bartolozzi as well as other practice physicians
 - Developing rehabilitation guidelines
 - Developing and implementing research studies
 - Responsible for 3B Orthopaedics sports medicine journal club
 - Overseeing 3B sports medicine fellowship including scheduling education conferences, Fellow's research projects, college and professional sports coverage, and fellows' rotation schedules

Penn Therapy and Fitness at Pennsylvania Hospital, Philadelphia, PA

Manager Sports Medicine and Fitness Programs 7/2008-11/2011

- Responsible for center operations as well as direct patient care.
- Rehabilitation of patients with musculoskeletal dysfunctions
 - Case load focuses on athletic population including professional (NBA, NFL, MLB, NHL, MLS, NLL, WTA, and ATP), college, and high school athletes
 - Return to sport testing, specifically following ACL reconstruction
 - Functional Movement Screening and biomechanical evaluations
- Other responsibilities include outreach and injury prevention programs, research, program development, and clinical education programs
- Position is in conjunction with Booth, Bartolozzi, Balderston Orthopaedics
 - Patient office hours with Dr Bartolozzi as well as other physicians in the practice
 - Developing rehabilitation guidelines
 - Developing and implementing research studies
 - Responsible for 3B Orthopaedics sports medicine journal club
 - Overseeing 3B sports medicine fellowship including scheduling education conferences, Fellow's research projects, college and professional sports coverage, and rotation schedules

2010 FIFA World Cup South Africa US Soccer Federation Men's National Team Medical Staff Assistant Athletic Trainer 6/1/2010 - 6/27/2010

- Responsibilities included assisting head athletic trainer with both practice and game coverage as well as rehabilitation of injured athletes. Responsibilities also included therapeutic massage to assist with rehabilitation of injuries as well as facilitate recovery and performance.
- Responsibilities also include assisting equipment manager with game day set up as well day equipment duties.
- Assist head athletic trainer with communication and coordination between coaching staff as well as strength and conditioning specialist.

US Soccer Federation 2010 Men's National Team Pre World Cup Physicals

Coordinator 5/16/2010

- Responsibilities included

- Coordination of physician and other health care provider coverage
 - Orthopedics, general medical, cardiology, blood work
- Coordination of dental examination
- Coordination of ophthalmology examination
- Communicating results of testing to US Soccer head athletic trainer
- Coordinating follow-up testing regarding initial cardiology workup

CONCACAF Gold Cup Quarterfinal Matches, Philadelphia, PA

Coordinator of event medical coverage 7/18/2009

- Responsible for coordinating drug testing and stretcher crew coverage for finals match
- Facilitating all aspects of medical care for teams while playing and training in host city

Pennsylvania Hospital, Sports Medicine and Rehabilitation Center, Philadelphia, PA

Manager Sports Medicine and Fitness Programs 5/2005-6/2008

- Responsible for center operations as well as direct patient care.
- Other responsibilities include outreach and injury prevention programs, research, program development, and clinical education programs
- Position is in conjunction with Booth, Bartolozzi, Balderston Orthopaedics
 - Patient office hours with Dr Bartolozzi
 - Developing rehabilitation guidelines
 - Developing and implementing research studies
 - Responsible for sports medicine journal club
 - Overseeing sports medicine fellowship including scheduling education conferences, college and professional sports coverage, and fellows' rotation schedules

Philadelphia Kixx, Major Indoor Soccer League, Philadelphia PA

Team Physical Therapist and Assistant Athletic Trainer 10/1997-11/2010

- Responsibilities included daily treatment, game day coverage, strength and conditioning programs and direct communication with team physicians and head coach.

Pennsylvania Striker's Girls Soccer Team Langhorne, PA

Athletic Trainer and Physical Therapist 12/2003-11/2007

- Responsibilities include practice and game day coverage, rehabilitation of injured athletes, and coordination between physicians, coaching staff, athletes and their parents.
- Also includes assisting with the design and implementation of practice sessions and pre and post game warm up/cool downs.
- Other duties include assisting with travel and transportation issues.

Philadelphia Wings, National Lacrosse League Philadelphia, PA

Physical Therapy Consultant 2003-2011

- Assist team athletic trainer in rehabilitation of injured athletes.
- Also involved direct communication with team orthopedic physician.

2003 FIFA Women's World Cup, Philadelphia, PA Venue

Medical Staff, Athletic Trainer/Physical Therapist 9/19/2003-9/25/2003

- Responsibilities included game day coverage: stretcher crew, emergency care, and pre game taping for visiting teams.
- Other responsibilities included practice coverage and treatment/massage sessions for visiting referees.

NovaCare Rehabilitation Wayne, PA

Staff physical therapist and athletic trainer 6/2003-6/2005

- Direct patient care in an outpatient orthopedic/sports medicine facility, clinical instructor for graduate level physical therapy and undergraduate athletic training students.

Philadelphia Charge, Women's United Soccer Association Radnor, PA

Team physical therapist and Assistant Athletic Trainer 2003

- Daily treatment, game day coverage, strength and conditioning programs and direct communication with team physicians and head coach.
- Directly responsible for rehabilitation of injured athletes

Villanova University, Department of Sports Medicine Villanova, PA

Director of Rehabilitation 5/2003-5/2005

- Rehabilitation of student athletes, faculty, and general student population.
- Assist staff athletic trainers with evaluation and treatment of injured athletes.

NovaCare Rehabilitation Bala Cynwyd, PA

Staff Physical Therapist, Center Coordinator of Clinical Education, 1/2003-6/2003

- Direct patient care in an outpatient orthopedic/sports medicine facility
- Center coordinator of clinical education for graduate physical therapy and undergraduate athletic training students
- Center's orthotics specialist

Temple University, Department of Athletic Training Philadelphia, PA

Rehabilitation Specialist 10/2001-5/2003

- Rehabilitation of student athletes, faculty, and general student population.
- Facilitate daily operations in the athletic training room.
- Assist staff athletic trainers as well as undergraduate and graduate athletic training students with evaluation and treatment of injured athletes.

Saint Joseph's University, Department of Sports Medicine Philadelphia, PA Rehabilitation Specialist 10/2002-5/2003

- Rehabilitation of student athletes, faculty, and general student population.
- Assist staff athletic trainers with evaluation and treatment of injured athletes.
- Fit and prescribe custom orthotics for a wide variety of foot and ankle disorders.

NovaCare Rehabilitation Philadelphia, PA

Staff physical therapist 5/96-1/03

- Direct patient care in an outpatient orthopedic/sports medicine facility, clinical instructor for graduate level physical therapy Developed the center's orthotics program for the management of foot and ankle disorders.
- Developed center's ACL rehabilitation guidelines to facilitate better clinical outcomes.
- Helped design the center's patient and evaluation schedules to promote greater continuity of care and improve overall organization and efficiency.

PROFESSIONAL DEVELOPMENT

The 20th Annual Philadelphia Sports Medicine Congress

Philadelphia, PA 6/14/2019 Chairman Arthur Bartolozzi MD, Course Director Matthew Hay PA-C, ATC

The 19th Annual Philadelphia Sports Medicine Congress

Philadelphia, PA 6/15/2018 Chairman Arthur Bartolozzi MD, Course Director Matthew Hay PA-C, ATC

Blood Flow Restriction Rehabilitation. Owens Recovery Science

Philadelphia, PA 3/3/18

The 18th Annual Philadelphia Sports Medicine Congress

Philadelphia, PA 6/17/2017 Chairman Arthur Bartolozzi MD, Course Director Justin Shaginaw MPT, ATC

The 17th Annual Philadelphia Sports Medicine Congress

Philadelphia, PA 6/17/2016 Chairman Arthur Bartolozzi MD, Course Director Justin Shaginaw MPT, ATC

SFMA Level One Certification

Chester, PA 1/9/16-1/10/16

Evidence-Based Practice in Athletic Training, Level 2

On-line Course 10/15/15

Evidence-Based Practice in Athletic Training, Level 1, Part 2, Modules 7 – 10

On-Line Course 10/15/15

Evidence-Based Practice in Athletic Training, Level 1, Part 1, Modules 1 – 6

On-line Course 10/15/15

“Respiratory Influences on Core Stability”

On-line Course 10/6/15

The 16th Annual Philadelphia Sports Medicine Congress

Philadelphia, PA 6/19/2015 Chairman Arthur Bartolozzi MD, Course Director Justin Shaginaw MPT, ATC

Functional Movement Systems: The Functional Movement Screen

Level One and Two certification 9/13/14-9/14/14

The 15th Annual Philadelphia Sports Medicine Congress

Philadelphia, PA 6/6/2014 Chairman Arthur Bartolozzi MD, Course Director Justin Shaginaw MPT, ATC

The 14th Annual Philadelphia Sports Medicine Congress

Philadelphia, PA 6/14/2013 Chairman Arthur Bartolozzi MD, Course Director Justin Shaginaw MPT, ATC

University of Delaware Medical Aspects of Sports

Newark, DE 2/4/2012 Seminar director Keith Handling, MS, ATC, PT

2011 Philadelphia Orthopaedic and Sports Rehab Foundation

Lower Extremity Update Philadelphia, PA 11/18/2011-11/20/2011 Course Chairmen Brian Sennett MD, Martin Kelley PT, DPT, OCS, Brian Leggin PT, DPT, OCS

The 12th Annual Philadelphia Sports Medicine Congress

Philadelphia, PA 6/3/2011 Chairman Arthur Bartolozzi MD, Course Director Justin Shaginaw MPT, ATC

American Academy of Orthopaedic Surgeons

New Orleans, LA 3/10/2010-3/13/2010

What's the hip got to do with it? Evaluation and treatment of the pre and post surgical hip. Newark, DE 11/7/2010 Course Chairman: Joanne Ambrogi PT, ATC

The 10th Annual Philadelphia Sports Medicine Congress

Philadelphia, PA 5/29/2009 Chairman Arthur Bartolozzi MD, Course Director Justin Shaginaw MPT, ATC

American Academy of Orthopaedic Surgeons

Las Vegas, NV 2/25/2009-2/28/2009

The 9th Annual Philadelphia Sports Medicine Congress

Philadelphia, PA 6/6/2008 Chairman Arthur Bartolozzi MD, Course Director Cliff Fawcett FNP, ATC

American Academy of Orthopaedic Surgeons

San Francisco, CA 3/5/2008-3/9/2008

The 7th Annual Philadelphia Sports Medicine Congress Philadelphia, PA 6/2/2006

Chairman Arthur Bartolozzi MD, Course Director Cliff Fawcett FNP, ATC

American Academy of Orthopaedic Surgeons

Chicago, IL 3/22/2006-3/26/2006

The 6th Annual Philadelphia Sports Medicine Congress

Philadelphia, PA 6/3/2005 Course Chairman Arthur Bartolozzi MD, Course Director Cliff Fawcett FNP, ATC

Current Trends in Sports Medicine

Philadelphia, PA 7/30/2004–8/1/2004 Course Chairman Robert Mangine Med, PT, ATC

Sports Medicine Concepts Evidence Based Concepts of the Knee and Shoulder

Philadelphia, PA 10/11/2003–10/12/2003 Course Chairman Robert Mangine Med, PT, ATC

Current Trends in Sports Medicine

Philadelphia, PA 7/22/2003–7/24/2003 Course Director Robert Mangine Med, PT, ATC

The 4th Annual Philadelphia Sports Medicine Congress Philadelphia, PA 6/6/2003 Course Chairman Arthur Bartolozzi MD, Course Director Cliff Fawcett FNP, ATC

College and High School Sports Medicine and MRI Conference

Cincinnati, OH 5/16/2003–5/18/2003 Program Committee Angelo Colosimo MD, Stephen J Pomeranz MD, Chris Keading MD, and Robert Mangine MeD, PT, ATC

The 3rd Annual Philadelphia Sports Medicine Congress Philadelphia, PA 6/7/2002 Co-Chairman Arthur Bartolozzi MD and Peter DeLuca MD; Course Director Cliff Fawcett FNP, ATC

The 2nd Annual Philadelphia Sports Medicine Congress

Philadelphia, PA 6/8/2001 Co-Chairman Arthur Bartolozzi MD and Peter DeLuca MD; Course Director Cliff Fawcett FNP, ATC

Management of the Foot and Ankle and Impact on the Lower Quarter

Philadelphia, PA 6/10/2000–6/11–2000 Irene McClay PhD, PT, Bill Harris certified pedorthotist

The 1st Annual Philadelphia Sports Medicine Congress

Philadelphia, PA 6/9/2000 Co-Chairman Arthur Bartolozzi MD, Peter DeLuca MD, Paul Marchetto MD; Course Director Cliff Fawcett FNP, ATC

Building the Complete Athlete

Pittsburgh, PA 4/30/1999–5/2/1999 Vern Gambetta, Michael Clark MS PT

Sports Medicine for the Athletic Trainer, Physical Therapist, and Coach Philadelphia, PA 8/15/1998 Course Chairman Michael Ciccotti MD

Recent Advances in the Evaluation and Treatment of the Knee Baltimore, MD 7/18/98–7/19/1998 Kevin Wilk PT

Recent Advances in the Evaluation and Treatment of the Shoulder

Baltimore, MD 7/17/1998–7/18/1998 Kevin Wilk PT

The Spine Mechanical Diagnosis and Therapy McKenzie Part A: Lumbar

Concordville, PA 5/15/1997–5/18/1997 Phil Burchell PT, DipMD

PROFESSIONAL LECTURES:

Booth, Bartolozzi, Balderston Orthopedics Sports Medicine Fellowship Lecture Series Philadelphia, PA 3/1/2019 Topic: Rehabilitation for the Sports Medicine Physician

Blood Flow Restriction Therapy. Widener University Chester, PA 11/2/18-11/3/18

Booth, Bartolozzi, Balderston Orthopedics Sports Medicine Fellowship Lecture Series Philadelphia, PA 4/11/2018 Topic: Rehabilitation for the Sports Medicine Physician

Elite Physical Therapy Guest Lecture 5/18/17 Topic: Return to sport testing following ACL reconstruction

Booth, Bartolozzi, Balderston Orthopedics Sports Medicine Fellowship Lecture Series Philadelphia, PA 3/8/2017 Topic: Rehabilitation for the Sports Medicine Physician

Booth, Bartolozzi, Balderston Orthopedics Sports Medicine Fellowship Lecture Series Philadelphia, PA 2/10/2016 Topic: Rehabilitation for the Sports Medicine Physician

ATI Physical Therapy 2016 East Coast Sports Medicine Summit Philadelphia, PA 11/12/16 Topic: Return to sport testing following ACL reconstruction

Booth, Bartolozzi, Balderston Orthopedics Sports Medicine Fellowship Lecture Series Philadelphia, PA 11/11/2015 Topic: Rehabilitation for the Sports Medicine Physician

Natus Balance & Mobility - Live eSeminar
6/30/15 Topic: Orthopedic Focus on the Importance of Balance Assessment for Return to Play After ACL Reconstruction

Booth, Bartolozzi, Balderston Orthopedics Sports Medicine Fellowship Lecture Series Philadelphia, PA 10/8/2014 Topic: Rehabilitation for the Sports Medicine Physician

2014 PATS Annual Meeting & Clinical Symposium
Gettysburg, PA 6/13/2014 Topic: Hip Rehabilitation in the Athlete

The 28th Annual Athletic Trainers' Society of New Jersey's Conference and Meeting West Windsor, NJ 3/2/2014 Topic: Workshop B: McKenzie Evaluation, Treatment, and Core Assessment

Booth, Bartolozzi, Balderston Orthopedics Sports Medicine Fellowship Lecture Series Philadelphia, PA 9/18/2013 Topic: Rehabilitation for the Sports Medicine Physician

Booth, Bartolozzi, Balderston Orthopedics Sports Medicine Fellowship Lecture Series Philadelphia, PA 9/19/2012 Topic: Rehabilitation for the Sports Medicine Physician

University of Delaware Medical Aspects of Sports

Newark, Delaware 2/4/2012 Seminar director Keith Handling, MS, ATC, PT Topic: athletic hip: operative and non-operative rehabilitation

2011 Philadelphia Orthopaedic and Sports Rehab Foundation Lower Extremity Update Philadelphia, PA 11/18/2011-11/20/2011 Course Chairmen Brian Sennett MD, Martin Kelley PT, DPT, OCS, Brian Leggin PT, DPT,OCS Topic: Lab: functional testing of the knee, Lab: clinical examination of the hip, Topic: rehabilitation of hip labral injuries

The 12th Annual Philadelphia Sports Medicine Congress Philadelphia, PA 6/3/2011 Chairman Arthur Bartolozzi MD, Course Director Justin Shaginaw MPT, ATC Case study and lab session: The McKenzie Method

2009 Philadelphia Orthopaedic and Sports Rehab Foundation Lower Extremity Update Philadelphia, PA 11/20/2010-11/21/2010 Course Chairmen Brian Sennett MD, Fotios Tjounmakaris MD, Martin Kelley PT, DPT, OCS, Brian Leggin PT, DPT,OCS Topic: Rehabilitation of Hip Labral Injuries and Surgery. Lab sessions: Functional Testing of the Knee, Manual Techniques for the Hip and Pelvis

What's the hip got to do with it? Evaluation and treatment of the pre and post surgical hip. Newark, DE 11/7/2010 Course Chairman: Joanne Ambrogi PT, ATC Topics: Return to Sports Following Hip Arthroscopy Lab sessions: Return to sport testing following hip arthroscopy

The 10th Annual Philadelphia Sports Medicine Congress Philadelphia, PA 5/29/2009 Chairman Arthur Bartolozzi MD, Course Director Justin Shaginaw MPT, ATC Breakout session: Physical Evaluation for Athletic Pubalgia

The 9th Annual Philadelphia Sports Medicine Congress Philadelphia, PA 6/6/2008 Chairman Arthur Bartolozzi MD, Course Director Cliff Fawcett FNP, ATC Topic: Criteria Based ACL Rehabilitation Programs

Booth, Bartolozzi, Balderston Orthopedics Sports Medicine Fellowship Lecture Series Philadelphia, PA 4/18/2008 Topic: Hip Labral Injuries in the Athlete

The 7th Annual Philadelphia Sports Medicine Congress Philadelphia, PA 6/2/2006 Chairman Arthur Bartolozzi MD, Course Director Cliff Fawcett FNP, ATC Topic: Pardon the Disruption-Sports Medicine Style

Eastern Athletic Trainers Association, Knee Specialty Day Philadelphia, PA 1/7/2006 Topic: Postoperative ACL Rehabilitation

The 6th Annual Philadelphia Sports Medicine Congress Philadelphia, PA 6/3/2005 Course Chairman Arthur Bartolozzi MD, Course Director Cliff Fawcett FNP, ATC Topic: Breakout session, Assessing Core Stability in the Athlete

Booth, Bartolozzi, Balderston Orthopedics Sports Medicine Fellowship Lecture Series Philadelphia, PA 3/2/2005 Topic: ACL Reconstruction: The Importance of Rehabilitation

**Burlington County School Nurses Association Continuing Education Workshop:
Orthopedic Injuries**

Burlington, NJ 1/29/2005 Topic: ACL Injuries in Female Athletes

Evidence Based Concepts of the Shoulder and Knee

Philadelphia, PA 9/25/2004-9/26/2004 Course Chairman Robert Mangine Med, PT, ATC
Topics: Evaluation Based Post-Surgical Management of the ACL, Advanced Training to
Return to Activity with Lab

Current Trends in Sports Medicine

Philadelphia, PA 7/30/2004-8/1/2004 Course Chairman Robert Mangine Med, PT, ATC
Topics: Lab Session: Evaluation of the Shoulder, Post Operative ACL Rehabilitation,
Conservative Management of the Patellofemoral Patient, Lab Session: Evaluation of the Knee,
and Lab Session: Evaluation of the Shoulder

Booth, Bartolozzi, Balderston Orthopedics Sports Medicine Fellowship Lecture Series

Philadelphia, PA 4/21/2004 Topic: ACL Reconstruction: The Importance of Rehabilitation

Sports Medicine Concepts Evidence Based Concepts of the Knee and Shoulder

Philadelphia, PA 10/11/2003-10/12/2003 Course Chairman Robert Mangine Med, PT, ATC
Topics: Evaluation Based Post Surgical Management of the ACL, Evaluation Advanced
Training Progression/Return to Activity

Current Trends in Sports Medicine

Philadelphia, PA 7/23/2003-7/24/2003 Course Director Robert Mangine Med, PT, ATC
Topics: Day 1 to Advanced Training for Return to Activity from ACL Reconstruction,
Meniscus Repair and Return to Play, and Lab Session: Evaluation Format for the Knee

NovaCare in house continuing education

Villanova, PA 11/2002 ACL Rehabilitation: Current Concepts and Trends

ACADEMIC POSITIONS

Philadelphia College of Osteopathic Medicine

2015-present Clinical Instructor Department of Orthopedic Surgery

West Chester University, Department of Kinesiology

Fall 2014 Assistant Professor

West Chester University, Department of Kinesiology

Fall 2012 Assistant Professor

ACADEMIC LECTURES

**Widener University, School of Human Service Professions, Department of Physical
Therapy Chester, PA 4/21/20** Guest Lecturer Topic: LE Musculoskeletal Pathology

Widener University, School of Human Service Professions, Department of Physical Therapy Chester, PA 4/25/19 Guest Lecturer Topic: LE Musculoskeletal Pathology

Widener University, School of Human Service Professions, Department of Physical Therapy Chester, PA 4/26/18 Guest Lecturer Topic: LE Musculoskeletal Pathology

West Chester University, Department of Sports Medicine, Undergraduate Program in Athletic Training Education West Chester, PA 4/13/17 Guest Lecturer Topic: Return to Play Following ACL Reconstruction

Widener University, School of Human Service Professions, Department of Physical Therapy Chester, PA 4/27/17 Guest Lecturer Topic: LE Musculoskeletal Pathology

Widener University, School of Human Service Professions, Department of Physical Therapy Chester, PA 4/28/16 Guest Lecturer Topic: LE Musculoskeletal Pathology

Thomas Jefferson University, Department of Physical Therapy Philadelphia, PA 3/18/2016 Guest Lecturer Topic: Introduction to the Functional Movement System

West Chester University, Department of Sports Medicine, Undergraduate Program in Athletic Training Education West Chester, PA 2/18/16 Guest Lecturer Topic: Introduction to the Functional Movement System

Widener University, School of Human Service Professions, Department of Physical Therapy Chester, PA 4/23/15 Guest Lecturer Topic: LE Musculoskeletal Pathology

West Chester University, Department of Sports Medicine, Undergraduate Program in Athletic Training Education West Chester, PA 3/26/2015 Guest Lecturer Topic: Introduction to McKenzie MDT

Thomas Jefferson University, Department of Physical Therapy Philadelphia, PA 2/20/2015 Guest Lecturer Topic: Functional Movement Screen

**West Chester University, Department of Kinesiology
Assistant Professor 595 Orthopedic Surgical Techniques**

Widener University, School of Human Service Professions, Department of Physical Therapy Chester, PA 6/24/2014 Examiner: Upper Extremity Practicals

Widener University, School of Human Service Professions, Department of Physical Therapy Chester, PA 4/24/14 Guest Lecturer Topic: LE Musculoskeletal Pathology

West Chester University, Department of Sports Medicine, Undergraduate Program in Athletic Training Education West Chester, PA 3/6/2014 Guest Lecturer Topic: Athletic Hip and Sports Hernia

Thomas Jefferson University, Department of Physical Therapy

Philadelphia, PA 2/18/2014 Guest Lecturer Topic: Acute Management of Soccer Injuries and Taping Lab

Widener University, School of Human Service Professions, Department of Physical Therapy Chester, PA 4/25/13 Guest Lecturer Topic: LE Musculoskeletal Pathology

Rowan University, Department of Health and Exercise Science, Athletic Training Program Glassboro, NJ 2/16/2013 Guest Lecturer Topic: Mechanical diagnosis and treatment of the cervical and lumbar spine

Arcadia University, College of Health Sciences, Department of Physical Therapy Glenside, PA 2/24/2013 Guest Lecturer Topic: Differential Diagnosis & Treatment for the Hip

Thomas Jefferson University, Department of Physical Therapy Philadelphia, PA 2/4/2013 Guest Lecturer Topic: Acute Management of Soccer Injuries and Taping Lab

West Chester University, Department of Kinesiology
Fall 2012 Assistant Professor 595 Orthopedic Surgical Techniques

Eastern University, Athletic Training Education Program St Davids, PA 2/16/2011 Guest Lecturer topic: Shoulder dysfunction in the overhead athlete: lecture and lab

Rowan University, Department of Athletic Training Glassboro, NJ 11/17/2009 Guest Lecturer Topic: Manual techniques for the hip

Rowan University, Department of Athletic Training Glassboro, NJ 4/29/2008 Guest Lecturer Topic: Hip Labral injuries in the Athlete

Rowan University, Department of Athletic Training Glassboro, NJ 2/13/2007 Guest Lecturer Topic: Female ACL Cause and Prevention

Rowan University, Department of Athletic Training Glassboro, NJ 10/30/2006 Guest Lecturer Topic: Shoulder Dysfunction in the Overhead Athlete

PUBLICATIONS/RESEARCH STUDIES

ACL reconstruction: it's all about timing. *Evans S, Shaginaw J, Bartolozzi A.* Int J Sports Phys Ther. 2014 April;9(2):268-273.

Multicenter ACL Revision Study (MARS)

Primary Investigator: Kurt P. Spindler, MD Vanderbilt University School of Medicine Vanderbilt Orthopaedics Institute

Booth, Bartolozzi, Balderston/Pennsylvania Hospital Site

Primary investigator: Arthur Bartolozzi, MD Site Coordinator: Justin Shaginaw PT, DPT, LAT, ATC

On-going research with noted publications

Assessment of Balance Measures Among College Athletes as a Means of Predicting Susceptibility to Future ACL Injury

Primary Investigator: Justin Shaginaw PT, DPT, LAT, ATC Co-investigators: Arthur Bartolozzi MD, Jim Bollinger ATC, CSCS

Study completed 5/10. Data analysis and completion of manuscript

ACL Prevention Programs: Are They Being Used By Collegiate Athletic Trainers and If Not, Why Not?

Primary Investigator: Jason Waterman MD Co-investigators: Justin Shaginaw PT, DPT, LAT, ATC Arthur Bartolozzi MD, Gary Dorshimer MD

Pending submission

2010 World Cup Pre-participation Physicals: Cardiac Component. Results and Implications

Primary investigator: Jason Waterman MD Co-investigators: Justin Shaginaw PT, DPT, LAT, ATC Arthur Bartolozzi MD, Gary Dorshimer MD, Robert Norris MD

Pending IRB approval