

# **Justin Shaginaw PT, DPT, ATC, LAT**

## **ACADEMIC PREPARATION:**

2014-2016 **Arcadia University**  
Glenside, PA  
Transitional Doctor of Physical Therapy

2001 **Montgomery County Community College**  
Blue Bell, PA  
General Pharmacology  
Course work towards athletic training certification

2000 **Temple University**  
Philadelphia, PA  
Prevention and care of movement injuries  
Course work towards athletic training certification

1994-1996 **Gannon University**  
Erie, PA  
Masters of Physical Therapy

1992-1994 **Gannon University**  
Erie, PA  
Bachelor of Science, General Science

1990-1992 **West Virginia University**  
Morgantown, WV  
Undergraduate course work

## **CERTIFICATIONS:**

**Commonwealth of Pennsylvania, State Board of Physical Therapy**  
Physical Therapy License PT009705L  
Direct Access Authorization – PT DAPT003426

**National Athletic Trainers' Association**  
Certification # 020302180

**Commonwealth of Pennsylvania, State Board of Medicine**  
Athletic Training License # RT00337

**American Heart Association**  
BLS for Health Care Providers 12/30/2016-12/30/2018

## **Selective Functional Movement Assessment: Level 1 Certification**

## **Functional Movement Screen: Level 2 Certification**

## **Y Balance Test Certification**

### **PROFESSIONAL EXPERIENCE**

#### **Penn Therapy and Fitness at Rittenhouse, Philadelphia, PA**

*Physical therapist and athletic trainer, Advanced clinician II 11/2017-present*

- Rehabilitation of patients with musculoskeletal dysfunctions
  - Case load focuses on athletic population including professional (NBA, NFL, MLB, NHL, MLS, NLL, WTA, and ATP), college, and high school athletes
  - Return to sport testing, specifically following ACL reconstruction
  - Functional Movement Screening and biomechanical evaluations
- Other responsibilities include physician marketing, outreach and injury prevention programs, musculoskeletal research, ACL clinical pathway, and program development

#### **United States Soccer Federation Chicago, IL**

*Athletic training pool 6/2012-present*

*Assistant Athletic Trainer Men's National Team, 1/2007-present*

- Responsibilities include assisting head athletic trainer with both practice and game coverage, rehabilitation of injured athletes, and therapeutic massage to assist with rehabilitation of injuries as well as facilitate recovery and performance
- Responsibilities also include assisting equipment manager with game day set up as well as day to day equipment duties
- Assist head athletic trainer with communication and coordination between coaching staff as well as strength and conditioning specialist

*Interim Head Athletic Trainer Men's National Team, 1/22/18-1/22/18*

- Responsibilities include overseeing athletic training staff for practice and game coverage, rehabilitation of injured athletes, and therapeutic massage to assist with rehabilitation of injuries as well as facilitate recovery and performance
- Assisting equipment manager with game day set up as well as day to day equipment duties
- Daily communication and coordination between coaching staff and strength and conditioning specialist regarding player injuries and availability for training and match day.

*Athletic Trainer U16 Girl's National Team 9/2006-12/2006*

- Responsibilities include practice and game day coverage, rehabilitation of injured athletes, and coordination between physicians, coaching staff, athletes and their parents

#### **Aria 3B Orthopaedic Institute, Philadelphia, PA**

*Lead Physical Therapist, Coordinator Sports Medicine Program 2/2013-11/2017*

- Responsible for center operations as well as direct patient care
- Rehabilitation of patients with musculoskeletal dysfunctions

- Case load focuses on athletic population including professional (NBA, NFL, MLB, NHL, MLS, NLL, WTA, and ATP), college, and high school athletes
- Return to sport testing, specifically following ACL reconstruction
- Functional Movement Screening and biomechanical evaluations
- Outreach and injury prevention programs
- Physical therapy and sports medicine program development
- Physician extender with practice physicians
- Developing rehabilitation guidelines
- Developing and implementing research studies
- Sports medicine journal club
- Overseeing sports medicine fellowship including scheduling education conferences, fellow's research projects, college and professional sports coverage, and fellows' rotation schedules
- External marketing
- Physician practice EMR committee
- Practice website development committee

### **Philadelphia Sports Medicine Congress, Philadelphia, PA**

*Course Director 2009-2017*

- Annual one day sports medicine conference with approximately 200 attendees
- Responsible for all aspects of the course including:
  - Course program and speakers
  - Venue and catering
  - Course sponsors
  - CEU submissions
  - Financial planning

### **CONCACAF 2017 Gold Cup Quarterfinal Matches Philadelphia, PA**

*Assistant Medical Coordinator 7/19/17*

- Facilitating all aspects of medical care for 4 men's national soccer teams while playing and training in host city
- Attending match commissioner's meetings to facilitate medical and doping presentations
- Coordinating stretcher crews and doping chaperones for match day coverage
- Assessing environmental conditions on match day to determine if water breaks would be needed

### **Copa America Centenario 2016 Philadelphia, PA**

*Assistant Venue Medical Director 6/6/16-6/15/16*

- Facilitating all aspects of medical care for 6 men's national soccer teams while playing and training in host city
- Attending match commissioner's meetings to facilitate medical and doping presentations
- Coordinating stretcher crews and doping chaperones for match day coverage

- Assessing environmental conditions on match day to determine if water breaks would be needed
- Attending Copa America Centenario medical directors' meeting 4/29/16

### **CONCACAF 2015 Gold Cup Final Philadelphia, PA**

*Assistant Medical Coordinator 7/26/15*

- Facilitating all aspects of medical care for 2 men's national soccer teams while playing and training in host city
- Responsible for coordinating drug testing and stretcher crew coverage for finals match
- Facilitating all aspects of medical care for teams while playing and training in host city

### **CONCACAF 2015 Women's World Cup Qualification Philadelphia, PA**

*Coordinator of event medical coverage 10/24/14 and 10/26/14*

- Facilitating all aspects of medical care for teams while playing and training in host city
- Coordinating stretcher crew for semifinal, final, and third place matches.

### **US Soccer Federation Local Event Medical Coverage Coordinator**

*Men's National Team vs Mexico Philadelphia, PA 8/10/11*

*Men's National Team vs Columbia Chester, PA 10/12/10*

*Women's National Team vs China Chester, PA 10/6/10*

*Men's National Team vs Turkey Philadelphia, PA 5/29/10*

*Women's National Team vs Ireland Philadelphia, PA 9/13/2008*

Responsibilities

- Coordination of local medical coverage while in host city
- Coordination of physician game day coverage
- Coordination of game day stretcher crew

### **Penn Therapy and Fitness at Rittenhouse, Philadelphia, PA**

*Manager Sports Medicine and Fitness Programs 11/2011-2/2013*

- Responsible for center operations as well as direct patient care
- Rehabilitation of patients with musculoskeletal dysfunctions
  - Case load focuses on athletic population including professional (NBA, NFL, MLB, NHL, MLS, NLL, WTA, and ATP), college, and high school athletes
  - Return to sport testing, specifically following ACL reconstruction
  - Functional Movement Screening and biomechanical evaluations
- Other responsibilities include outreach and injury prevention programs, research, program development, and clinical education programs
- Position is in conjunction with Booth, Bartolozzi, Balderston Orthopaedics
  - Patient office hours with Dr Bartolozzi as well as other practice physicians i
  - Developing rehabilitation guidelines
  - Developing and implementing research studies
  - Responsible for 3B Orthopaedics sports medicine journal club

- Overseeing 3B sports medicine fellowship including scheduling education conferences, Fellow's research projects, college and professional sports coverage, and fellows' rotation schedules

### **Penn Therapy and Fitness at Pennsylvania Hospital, Philadelphia, PA**

*Manager Sports Medicine and Fitness Programs 7/2008-11/2011*

- Responsible for center operations as well as direct patient care.
- Rehabilitation of patients with musculoskeletal dysfunctions
  - Case load focuses on athletic population including professional (NBA, NFL, MLB, NHL, MLS, NLL, WTA, and ATP), college, and high school athletes
  - Return to sport testing, specifically following ACL reconstruction
  - Functional Movement Screening and biomechanical evaluations
- Other responsibilities include outreach and injury prevention programs, research, program development, and clinical education programs
- Position is in conjunction with Booth, Bartolozzi, Balderston Orthopaedics
  - Patient office hours with Dr Bartolozzi as well as other physicians in the practice
  - Developing rehabilitation guidelines
  - Developing and implementing research studies
  - Responsible for 3B Orthopaedics sports medicine journal club
  - Overseeing 3B sports medicine fellowship including scheduling education conferences, Fellow's research projects, college and professional sports coverage, and rotation schedules

### **2010 FIFA World Cup South Africa US Soccer Federation Men's National Team Medical Staff Assistant Athletic Trainer 6/1/2010 - 6/27/2010**

- Responsibilities included assisting head athletic trainer with both practice and game coverage as well as rehabilitation of injured athletes. Responsibilities also included therapeutic massage to assist with rehabilitation of injuries as well as facilitate recovery and performance.
- Responsibilities also include assisting equipment manager with game day set up as well day equipment duties.
- Assist head athletic trainer with communication and coordination between coaching staff as well as strength and conditioning specialist.

### **US Soccer Federation 2010 Men's National Team Pre World Cup Physicals**

*Coordinator 5/16/2010*

- Responsibilities included
  - Coordination of physician and other health care provider coverage
    - Orthopedics, general medical, cardiology, blood work
  - Coordination of dental examination
  - Coordination of ophthalmology examination
  - Communicating results of testing to US Soccer head athletic trainer
  - Coordinating follow-up testing regarding initial cardiology workup

### **CONCACAF Gold Cup Quarterfinal Matches, Philadelphia, PA**

*Coordinator of event medical coverage 7/18/2009*

- Responsible for coordinating drug testing and stretcher crew coverage for finals match
- Facilitating all aspects of medical care for teams while playing and training in host city

**Pennsylvania Hospital, Sports Medicine and Rehabilitation Center, Philadelphia, PA**

*Manager Sports Medicine and Fitness Programs 5/2005-6/2008*

- Responsible for center operations as well as direct patient care.
- Other responsibilities include outreach and injury prevention programs, research, program development, and clinical education programs
- Position is in conjunction with Booth, Bartolozzi, Balderston Orthopaedics
  - Patient office hours with Dr Bartolozzi
  - Developing rehabilitation guidelines
  - Developing and implementing research studies
  - Responsible for sports medicine journal club
  - Overseeing sports medicine fellowship including scheduling education conferences, college and professional sports coverage, and fellows' rotation schedules

**Philadelphia Kixx, Major Indoor Soccer League, Philadelphia PA**

*Team Physical Therapist and Assistant Athletic Trainer 10/1997-11/2010*

- Responsibilities included daily treatment, game day coverage, strength and conditioning programs and direct communication with team physicians and head coach.

**Pennsylvania Striker's Girls Soccer Team Langhorne, PA**

*Athletic Trainer and Physical Therapist 12/2003-11/2007*

- Responsibilities include practice and game day coverage, rehabilitation of injured athletes, and coordination between physicians, coaching staff, athletes and their parents.
- Also includes assisting with the design and implementation of practice sessions and pre and post game warm up/cool downs.
- Other duties include assisting with travel and transportation issues.

**Philadelphia Wings, National Lacrosse League Philadelphia, PA**

*Physical Therapy Consultant 2003-2011*

- Assist team athletic trainer in rehabilitation of injured athletes.
- Also involved direct communication with team orthopedic physician.

**2003 FIFA Women's World Cup, Philadelphia, PA Venue**

*Medical Staff, Athletic Trainer/Physical Therapist 9/19/2003-9/25/2003*

- Responsibilities included game day coverage: stretcher crew, emergency care, and pre game taping for visiting teams.
- Other responsibilities included practice coverage and treatment/massage sessions for visiting referees.

**NovaCare Rehabilitation Wayne, PA**

*Staff physical therapist and athletic trainer 6/2003-6/2005*

- Direct patient care in an outpatient orthopedic/sports medicine facility, clinical instructor for graduate level physical therapy and undergraduate athletic training students.

*Philadelphia Charge, Women's United Soccer Association Radnor, PA*

*Team physical therapist and Assistant Athletic Trainer 2003*

- Daily treatment, game day coverage, strength and conditioning programs and direct communication with team physicians and head coach.
- Directly responsible for rehabilitation of injured athletes

*Villanova University, Department of Sports Medicine Villanova, PA*

*Director of Rehabilitation 5/2003-5/2005*

- Rehabilitation of student athletes, faculty, and general student population.
- Assist staff athletic trainers with evaluation and treatment of injured athletes.

### **NovaCare Rehabilitation Bala Cynwyd, PA**

*Staff Physical Therapist, Center Coordinator of Clinical Education, 1/2003-6/2003*

- Direct patient care in an outpatient orthopedic/sports medicine facility
- Center coordinator of clinical education for graduate physical therapy and undergraduate athletic training students
- Center's orthotics specialist

*Temple University, Department of Athletic Training Philadelphia, PA*

*Rehabilitation Specialist 10/2001-5/2003*

- Rehabilitation of student athletes, faculty, and general student population.
- Facilitate daily operations in the athletic training room.
- Assist staff athletic trainers as well as undergraduate and graduate athletic training students with evaluation and treatment of injured athletes.

*Saint Joseph's University, Department of Sports Medicine Philadelphia, PA Rehabilitation Specialist 10/2002-5/2003*

- Rehabilitation of student athletes, faculty, and general student population.
- Assist staff athletic trainers with evaluation and treatment of injured athletes.
- Fit and prescribe custom orthotics for a wide variety of foot and ankle disorders.

### **NovaCare Rehabilitation Philadelphia, PA**

*Staff physical therapist 5/96-1/03*

- Direct patient care in an outpatient orthopedic/sports medicine facility, clinical instructor for graduate level physical therapy Developed the center's orthotics program for the management of foot and ankle disorders.
- Developed center's ACL rehabilitation guidelines to facilitate better clinical outcomes.
- Helped design the center's patient and evaluation schedules to promote greater continuity of care and improve overall organization and efficiency.

## **PROFESSIONAL DEVELOPMENT**

### **FIFA Diploma in Football Medicine**

**On-line** 12/6/18 Michel D'Hooghe MD Chairman FIFA Medical Committee

### **Medical Screening: Differential diagnosis**

**Online course** Dawn T. Gulick PhD, PT, ATC, CSCS 11/8/2018

### **The 19<sup>th</sup> Annual Philadelphia Sports Medicine Congress**

**Philadelphia, PA** 6/15/2018 Chairman Arthur Bartolozzi MD, Course Director Mathew Hay PA-C, ATC

### **Blood Flow Restriction Rehabilitation. Owens Recovery Science**

**Philadelphia, PA** 3/3/18

### **The 18<sup>th</sup> Annual Philadelphia Sports Medicine Congress**

**Philadelphia, PA** 6/17/2017 Chairman Arthur Bartolozzi MD, Course Director Justin Shaginaw MPT, ATC

### **The 17<sup>th</sup> Annual Philadelphia Sports Medicine Congress**

**Philadelphia, PA** 6/17/2016 Chairman Arthur Bartolozzi MD, Course Director Justin Shaginaw MPT, ATC

### **SFMA Level One Certification**

**Chester, PA** 1/9/16-1/10/16

### **Evidence-Based Practice in Athletic Training, Level 2**

**On-line Course** 10/15/15

### **Evidence-Based Practice in Athletic Training, Level 1, Part 2, Modules 7 – 10**

**On-Line Course** 10/15/15

### **Evidence-Based Practice in Athletic Training, Level 1, Part 1, Modules 1 – 6**

**On-line Course** 10/15/15

### **“Respiratory Influences on Core Stability”**

**On-line Course** 10/6/15

### **The 16<sup>th</sup> Annual Philadelphia Sports Medicine Congress**

**Philadelphia, PA** 6/19/2015 Chairman Arthur Bartolozzi MD, Course Director Justin Shaginaw MPT, ATC

### **Functional Movement Systems: The Functional Movement Screen**

Level One and Two certification 9/13/14-9/14/14

### **The 15<sup>th</sup> Annual Philadelphia Sports Medicine Congress**

**Philadelphia, PA** 6/6/2014 Chairman Arthur Bartolozzi MD, Course Director Justin Shaginaw MPT, ATC



**The 14<sup>th</sup> Annual Philadelphia Sports Medicine Congress**

**Philadelphia, PA 6/14/2013** Chairman Arthur Bartolozzi MD, Course Director Justin Shaginaw MPT, ATC

**University of Delaware Medical Aspects of Sports**

**Newark, DE 2/4/2012** Seminar director Keith Handling, MS, ATC, PT

**2011 Philadelphia Orthopaedic and Sports Rehab Foundation**

**Lower Extremity Update Philadelphia, PA 11/18/2011-11/20/2011** Course Chairmen Brian Sennett MD, Martin Kelley PT, DPT, OCS, Brian Leggin PT, DPT, OCS

**The 12<sup>th</sup> Annual Philadelphia Sports Medicine Congress**

**Philadelphia, PA 6/3/2011** Chairman Arthur Bartolozzi MD, Course Director Justin Shaginaw MPT, ATC

**American Academy of Orthopaedic Surgeons**

**New Orleans, LA 3/10/2010-3/13/2010**

**What's the hip got to do with it? Evaluation and treatment of the pre and post surgical hip. Newark, DE 11/7/2010** Course Chairman: Joanne Ambrogi PT, ATC

**The 10<sup>th</sup> Annual Philadelphia Sports Medicine Congress**

**Philadelphia, PA 5/29/2009** Chairman Arthur Bartolozzi MD, Course Director Justin Shaginaw MPT, ATC

**American Academy of Orthopaedic Surgeons**

**Las Vegas, NV 2/25/2009-2/28/2009**

**The 9<sup>th</sup> Annual Philadelphia Sports Medicine Congress**

**Philadelphia, PA 6/6/2008** Chairman Arthur Bartolozzi MD, Course Director Cliff Fawcett FNP, ATC

**American Academy of Orthopaedic Surgeons**

**San Francisco, CA 3/5/2008-3/9/2008**

**The 7<sup>th</sup> Annual Philadelphia Sports Medicine Congress Philadelphia, PA 6/2/2006**

Chairman Arthur Bartolozzi MD, Course Director Cliff Fawcett FNP, ATC

**American Academy of Orthopaedic Surgeons**

**Chicago, IL 3/22/2006-3/26/2006**

**The 6<sup>th</sup> Annual Philadelphia Sports Medicine Congress**

**Philadelphia, PA 6/3/2005** Course Chairman Arthur Bartolozzi MD, Course Director Cliff Fawcett FNP, ATC

**Current Trends in Sports Medicine**

**Philadelphia, PA 7/30/2004-8/1/2004** Course Chairman Robert Mangine Med, PT, ATC

**Sports Medicine Concepts Evidence Based Concepts of the Knee and Shoulder**

**Philadelphia, PA 10/11/2003–10/12/2003** Course Chairman Robert Mangine Med, PT, ATC

**Current Trends in Sports Medicine**

**Philadelphia, PA 7/22/2003-7/24/2003** Course Director Robert Mangine Med, PT, ATC

**The 4<sup>th</sup> Annual Philadelphia Sports Medicine Congress Philadelphia, PA 6/6/2003** Course Chairman Arthur Bartolozzi MD, Course Director Cliff Fawcett FNP, ATC

**College and High School Sports Medicine and MRI Conference**

**Cincinnati, OH 5/16/2003-5/18/2003** Program Committee Angelo Colosimo MD, Stephen J Pomeranz MD, Chris Keading MD, and Robert Mangine MeD, PT, ATC

**The 3<sup>rd</sup> Annual Philadelphia Sports Medicine Congress Philadelphia, PA 6/7/2002** Co-Chairman Arthur Bartolozzi MD and Peter DeLuca MD; Course Director Cliff Fawcett FNP, ATC

**The 2<sup>nd</sup> Annual Philadelphia Sports Medicine Congress**

**Philadelphia, PA 6/8/2001** Co-Chairman Arthur Bartolozzi MD and Peter DeLuca MD; Course Director Cliff Fawcett FNP, ATC

**Management of the Foot and Ankle and Impact on the Lower Quarter**

**Philadelphia, PA 6/10/2000-6/11-2000** Irene McClay PhD, PT, Bill Harris certified pedorthotist

**The 1<sup>st</sup> Annual Philadelphia Sports Medicine Congress**

**Philadelphia, PA 6/9/2000** Co-Chairman Arthur Bartolozzi MD, Peter DeLuca MD, Paul Marchetto MD; Course Director Cliff Fawcett FNP, ATC

**Building the Complete Athlete**

**Pittsburgh, PA 4/30/1999-5/2/1999** Vern Gambetta, Michael Clark MS PT

**Sports Medicine for the Athletic Trainer, Physical Therapist, and Coach Philadelphia, PA 8/15/1998** Course Chairman Michael Ciccotti MD

**Recent Advances in the Evaluation and Treatment of the Knee Baltimore, MD 7/18/98-7/19/1998** Kevin Wilk PT

**Recent Advances in the Evaluation and Treatment of the Shoulder**

**Baltimore, MD 7/17/1998-7/18/1998** Kevin Wilk PT

**The Spine Mechanical Diagnosis and Therapy McKenzie Part A: Lumbar**

**Concordville, PA 5/15/1997-5/18/1997** Phil Burchell PT, DipMD

**PROFESSIONAL LECTURES:**

**Blood Flow Restriction Training Techniques**

**Chester, PA 11/2/18** Co-taught with Jon Herting, PT, DPT, CSCS, HFS, USAW

**Elite Physical Therapy Guest Lecture 5/18/17** Topic: Return to sport testing following ACL reconstruction

**ATI Physical Therapy 2016 East Coast Sports Medicine Summit**  
**Philadelphia, PA** 11/12/16 Topic: Return to sport testing following ACL reconstruction

**Booth, Bartolozzi, Balderston Orthopedics Sports Medicine Fellowship Lecture Series**  
**Philadelphia, PA** 11/11/2015 Topic: Rehabilitation for the Sports Medicine Physician

**Natus Balance & Mobility - Live eSeminar**  
6/30/15 Topic: Orthopedic Focus on the Importance of Balance Assessment  
for Return to Play After ACL Reconstruction

**Booth, Bartolozzi, Balderston Orthopedics Sports Medicine Fellowship Lecture Series**  
**Philadelphia, PA** 10/8/2014 Topic: Rehabilitation for the Sports Medicine Physician

**2014 PATS Annual Meeting & Clinical Symposium**  
**Gettysburg, PA** 6/13/2014 Topic: Hip Rehabilitation in the Athlete

**The 28th Annual Athletic Trainers' Society of New Jersey's Conference and Meeting**  
**West Windsor, NJ** 3/2/2014 Topic: Workshop B: McKenzie Evaluation, Treatment, and Core  
Assessment

**Booth, Bartolozzi, Balderston Orthopedics Sports Medicine Fellowship Lecture Series**  
**Philadelphia, PA** 9/18/2013 Topic: Rehabilitation for the Sports Medicine Physician

**Booth, Bartolozzi, Balderston Orthopedics Sports Medicine Fellowship Lecture Series**  
**Philadelphia, PA** 9/19/2012 Topic: Rehabilitation for the Sports Medicine Physician

**University of Delaware Medical Aspects of Sports**  
**Newark, Delaware** 2/4/2012 Seminar director Keith Handling, MS, ATC, PT Topic: athletic  
hip: operative and non-operative rehabilitation

**2011 Philadelphia Orthopaedic and Sports Rehab Foundation Lower Extremity Update**  
**Philadelphia, PA** 11/18/2011-11/20/2011 Course Chairmen Brian Sennett MD, Martin Kelley  
PT, DPT, OCS, Brian Leggin PT, DPT,OCS Topic: Lab: functional testing of the knee, Lab:  
clinical examination of the hip, Topic: rehabilitation of hip labral injuries

**The 12<sup>th</sup> Annual Philadelphia Sports Medicine Congress Philadelphia, PA** 6/3/2011  
Chairman Arthur Bartolozzi MD, Course Director Justin Shaginaw MPT, ATC Case study and  
lab session: The McKenzie Method

**2009 Philadelphia Orthopaedic and Sports Rehab Foundation Lower Extremity Update**  
**Philadelphia, PA** 11/20/2010-11/21/2010 Course Chairmen Brian Sennett MD, Fotios  
Tjounakaris MD, Martin Kelley PT, DPT, OCS, Brian Leggin PT, DPT,OCS Topic:  
Rehabilitation of Hip Labral Injuries and Surgery. Lab sessions: Functional Testing of the  
Knee, Manual Techniques for the Hip and Pelvis

**What's the hip got to do with it? Evaluation and treatment of the pre and post surgical hip.** Newark, DE 11/7/2010 Course Chairman: Joanne Ambrogi PT, ATC Topics: Return to Sports Following Hip Arthroscopy Lab sessions: Return to sport testing following hip arthroscopy

**The 10<sup>th</sup> Annual Philadelphia Sports Medicine Congress**  
**Philadelphia, PA 5/29/2009** Chairman Arthur Bartolozzi MD, Course Director Justin Shaginaw MPT, ATC Breakout session: Physical Evaluation for Athletic Pubalgia

**The 9<sup>th</sup> Annual Philadelphia Sports Medicine Congress**  
**Philadelphia, PA 6/6/2008** Chairman Arthur Bartolozzi MD, Course Director Cliff Fawcett FNP, ATC Topic: Criteria Based ACL Rehabilitation Programs

**Booth, Bartolozzi, Balderston Orthopedics Sports Medicine Fellowship Lecture Series**  
**Philadelphia, PA 4/18/2008** Topic: Hip Labral Injuries in the Athlete

**The 7<sup>th</sup> Annual Philadelphia Sports Medicine Congress**  
**Philadelphia, PA 6/2/2006** Chairman Arthur Bartolozzi MD, Course Director Cliff Fawcett FNP, ATC Topic: Pardon the Disruption-Sports Medicine Style

**Eastern Athletic Trainers Association, Knee Specialty Day**  
**Philadelphia, PA 1/7/2006** Topic: Postoperative ACL Rehabilitation

**The 6<sup>th</sup> Annual Philadelphia Sports Medicine Congress**  
**Philadelphia, PA 6/3/2005** Course Chairman Arthur Bartolozzi MD, Course Director Cliff Fawcett FNP, ATC Topic: Breakout session, Assessing Core Stability in the Athlete

**Booth, Bartolozzi, Balderston Orthopedics Sports Medicine Fellowship Lecture Series**  
**Philadelphia, PA 3/2/2005** Topic: ACL Reconstruction: The Importance of Rehabilitation

**Burlington County School Nurses Association Continuing Education Workshop:  
Orthopedic Injuries**  
**Burlington, NJ 1/29/2005** Topic: ACL Injuries in Female Athletes

**Evidence Based Concepts of the Shoulder and Knee**  
**Philadelphia, PA 9/25/2004-9/26/2004** Course Chairman Robert Mangine Med, PT, ATC Topics: Evaluation Based Post-Surgical Management of the ACL, Advanced Training to Return to Activity with Lab

**Current Trends in Sports Medicine**  
**Philadelphia, PA 7/30/2004-8/1/2004** Course Chairman Robert Mangine Med, PT, ATC Topics: Lab Session: Evaluation of the Shoulder, Post Operative ACL Rehabilitation, Conservative Management of the Patellafemoral Patient, Lab Session: Evaluation of the Knee, and Lab Session: Evaluation of the Shoulder

**Booth, Bartolozzi, Balderston Orthopedics Sports Medicine Fellowship Lecture Series**  
**Philadelphia, PA 4/21/2004** Topic: ACL Reconstruction: The Importance of Rehabilitation

**Sports Medicine Concepts Evidence Based Concepts of the Knee and Shoulder  
Philadelphia, PA 10/11/2003-10/12/2003** Course Chairman Robert Mangine Med, PT, ATC  
Topics: Evaluation Based Post Surgical Management of the ACL, Evaluation Advanced  
Training Progression/Return to Activity

**Current Trends in Sports Medicine  
Philadelphia, PA 7/23/2003-7/24/2003** Course Director Robert Mangine Med, PT, ATC  
Topics: Day 1 to Advanced Training for Return to Activity from ACL Reconstruction,  
Meniscus Repair and Return to Play, and Lab Session: Evaluation Format for the Knee

**NovaCare in house continuing education  
Villanova, PA 11/2002** ACL Rehabilitation: Current Concepts and Trends

## **ACADEMIC POSITIONS**

**Philadelphia College of Osteopathic Medicine**  
2015-2017 Clinical Instructor Department of Orthopedic Surgery

**West Chester University, Department of Kinesiology**  
Fall 2014 Assistant Professor

**West Chester University, Department of Kinesiology**  
Fall 2012 Assistant Professor

## **ACADEMIC LECTURES**

**Widener University, School of Human Service Professions, Department of Physical  
Therapy Chester, PA 4/26/18** Guest Lecturer Topic: LE Musculoskeletal Pathology

**West Chester University, Department of Sports Medicine, Undergraduate Program in  
Athletic Training Education West Chester, PA 4/13/17** Guest Lecturer Topic: Return to Play  
Following ACL Reconstruction

**Widener University, School of Human Service Professions, Department of Physical  
Therapy Chester, PA 4/27/17** Guest Lecturer Topic: LE Musculoskeletal Pathology

**Widener University, School of Human Service Professions, Department of Physical  
Therapy Chester, PA 4/28/16** Guest Lecturer Topic: LE Musculoskeletal Pathology

**Thomas Jefferson University, Department of Physical Therapy  
Philadelphia, PA 3/18/2016** Guest Lecturer Topic: Introduction to the Functional Movement  
System

**West Chester University, Department of Sports Medicine, Undergraduate Program in Athletic Training Education West Chester, PA 2/18/16** Guest Lecturer Topic: Introduction to the Functional Movement System

**Widener University, School of Human Service Professions, Department of Physical Therapy Chester, PA 4/23/15** Guest Lecturer Topic: LE Musculoskeletal Pathology

**West Chester University, Department of Sports Medicine, Undergraduate Program in Athletic Training Education West Chester, PA 3/26/2015** Guest Lecturer Topic: Introduction to McKenzie MDT

**Thomas Jefferson University, Department of Physical Therapy Philadelphia, PA 2/20/2015** Guest Lecturer Topic: Functional Movement Screen

**West Chester University, Department of Kinesiology**  
Assistant Professor 595 Orthopedic Surgical Techniques

**Widener University, School of Human Service Professions, Department of Physical Therapy Chester, PA 6/24/2014** Examiner: Upper Extremity Practicals

**Widener University, School of Human Service Professions, Department of Physical Therapy Chester, PA 4/24/14** Guest Lecturer Topic: LE Musculoskeletal Pathology

**West Chester University, Department of Sports Medicine, Undergraduate Program in Athletic Training Education West Chester, PA 3/6/2014** Guest Lecturer Topic: Athletic Hip and Sports Hernia

**Thomas Jefferson University, Department of Physical Therapy Philadelphia, PA 2/18/2014** Guest Lecturer Topic: Acute Management of Soccer Injuries and Taping Lab

**Widener University, School of Human Service Professions, Department of Physical Therapy Chester, PA 4/25/13** Guest Lecturer Topic: LE Musculoskeletal Pathology

**Rowan University, Department of Health and Exercise Science, Athletic Training Program Glassboro, NJ 2/16/2013** Guest Lecturer Topic: Mechanical diagnosis and treatment of the cervical and lumbar spine

**Arcadia University, College of Health Sciences, Department of Physical Therapy Glenside, PA 2/24/2013** Guest Lecturer Topic: Differential Diagnosis & Treatment for the Hip

**Thomas Jefferson University, Department of Physical Therapy Philadelphia, PA 2/4/2013** Guest Lecturer Topic: Acute Management of Soccer Injuries and Taping Lab

**West Chester University, Department of Kinesiology**  
Fall 2012 Assistant Professor 595 Orthopedic Surgical Techniques

**Eastern University, Athletic Training Education Program**

St Davids, PA 2/16/2011 Guest Lecturer topic: Shoulder dysfunction in the overhead athlete: lecture and lab

**Rowan University, Department of Athletic Training**

Glassboro, NJ 11/17/2009 Guest Lecturer Topic: Manual techniques for the hip

**Rowan University, Department of Athletic Training**

Glassboro, NJ 4/29/2008 Guest Lecturer Topic: Hip Labral injuries in the Athlete

**Rowan University, Department of Athletic Training**

Glassboro, NJ 2/13/2007 Guest Lecturer Topic: Female ACL Cause and Prevention

**Rowan University, Department of Athletic Training**

Glassboro, NJ 10/30/2006 Guest Lecturer Topic: Shoulder Dysfunction in the Overhead Athlete

**PUBLICATIONS/RESEARCH STUDIES**

**ACL reconstruction: it's all about timing.** *Evans S, Shaginaw J, Bartolozzi A.* Int J Sports Phys Ther. 2014 April;9(2):268-273.

**Multicenter ACL Revision Study (MARS)**

*Primary Investigator: Kurt P. Spindler, MD Vanderbilt University School of Medicine Vanderbilt Orthopaedics Institute*

*Booth, Bartolozzi, Balderston/Pennsylvania Hospital Site*

*Primary investigator: Arthur Bartolozzi, MD Site Coordinator: Justin Shaginaw PT, DPT, LAT, ATC*

On-going research with noted publications

**Assessment of Balance Measures Among College Athletes as a Means of Predicting Susceptibility to Future ACL Injury**

*Primary Investigator: Justin Shaginaw PT, DPT, LAT, ATC Co-investigators: Arthur Bartolozzi MD, Jim Bollinger ATC, CSCS*

Study completed 5/10. Data analysis and completion of manuscript

**ACL Prevention Programs: Are They Being Used By Collegiate Athletic Trainers and If Not, Why Not?**

*Primary Investigator: Jason Waterman MD Co-investigators: Justin Shaginaw PT, DPT, LAT, ATC Arthur Bartolozzi MD, Gary Dorshimer MD*

**2010 World Cup Pre-participation Physicals: Cardiac Component. Results and Implications**

*Primary investigator: Jason Waterman MD Co-investigators: Justin Shaginaw PT, DPT, LAT, ATC Arthur Bartolozzi MD, Gary Dorshimer MD, Robert Norris MD*

Pending IRB approval